

Lewannick Surgery

Another fruitful meeting was held at Lewannick. At present the group is working on arranging transport for outlying areas to enable people to get to Lewannick Surgery. New chairs for the waiting room have been delivered and are a big and welcome asset. Hopefully in the not to distant future an open meeting will be held at Lewannick Surgery for anyone interested in joining the group. The next meeting will be held at Lewannick Surgery on Friday 19th April at 1pm.

Patients Survey

Once again members of the CPPG have helped with the annual patients' survey. This has taken place over the last two weeks apart from handing out the forms we have helped people who have sight problems or just forgotten their glasses to complete these.

Joining the CPPG

A few people have expressed an interest in joining the CPPG and once the results of the survey have been completed these people will be contacted by Brenda, the secretary, and hopefully get them on board.

Facebook

The Patients' Group now has a page on Facebook, the social media internet site.

You can find us at www.facebook.com/Carnewater.

Please visit the site and leave us your comments about the group and the surgery.

Who's who in your Patients Group

Chairperson	Carol Miller	01208 831217
Secretary	Brenda Keen	01208 77586
Practice Liason	Judith Campbell	01208 74371

CARNEWATER PRACTICE PATIENTS' GROUP



NEWSLETTER No 4
April 2013

Annual General Meeting

Carnewater Practice Patients Group exists to help and represent you with your surgery. The Annual General Meeting will be held at the Meeting Room at Bodmin's Asda store at 7.00pm on Tuesday 14 May 2013. (Enter via a side entrance to the left of the store's front door) Please come along and have your say.

Your Surgery Needs You!

The surgery would like to find patients with long term or life changing illnesses and conditions to talk to other patients on a one to one basis about how they coped and dealt with their situation. Have you had a stroke or heart attack? Do you live with diabetes or anxiety? Have you suffered bereavement? Do you belong to a group for those with your condition? There would be no long term commitment or obligation but if you feel you could talk to someone just starting living with a new health related condition then please talk to your GP or nurse to offer your services.

Meet the CPPG team

My name is Judith Campbell and I am the Practice Liaison person for the CPPG. This involves meeting with the Practice Manager as necessary for the effective communication with the practice.



I am Cornish and proud of my heritage, we are so lucky to live in this beautiful county.

My family are very important to me, we enjoy each others company whenever we can.

My son is 39 years old, he lives and works in Exeter. My daughter is 41, married to Vince, and lives in Essex, they have given me three grandchildren who are 19, 17 and 15.

I worked in the NHS for over forty years as a Registered Psychiatric Nurse. I trained and worked in the "old" St Lawrence's Hospital but my personal life took me away from Cornwall and I lived in reading, Henley-on-Thames, Warwick, Frome and Exminster, returning to Bodmin in 1985 where I worked until my retirement in 2011. My career brought me great job satisfaction, I found my niche working on in-patient assessment units for those suffering from various forms of Dementia and the complex issues of this sad illness. I like to feel I made some difference to those whom I cared for.

Following retirement I became a member of the CPPG and became involved with other voluntary work. My hobbies include reading, swimming and gardening.

Well folks I hope this gives you some idea of who I am. Bye, bye.

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Did you know that in February 114 patients failed to attend their appointments which amounted to 31 hours of wasted doctor or nurse time.



Ask Phil - support, advice and information on local services.

PHIL (Promoting Health Information Line) is available for support, advice and information on local services.

Call Phil on 01209 215666, send a text message to 07800 006472 or email on PHIL@cornwall.nhs.uk. PHIL can help with health eating, weight management, physical activity, stop smoking service, health trainers and more. Go on, give PHIL a call!

Changes at Bodmin Surgery

As a lot of people are already aware, changes have been taking place at the Bodmin surgery. Some of you may look at this as an inconvenience but all the work should have been completed by the time this newsletter goes to print. A lift, automatic doors and a few disabled parking spaces in the health centre car park will make access for disabled people, those with mobility problems and mums with pushchairs much easier.

Beware if you park in the lay-by outside the surgery; you may get a parking ticket as a new yellow line has been painted by the highways department enabling people to be picked up and dropped off. If you are disabled and have a badge for your car, please ensure you display it or you are also liable to a parking ticket. Hopefully with the lift in place this will not be such a problem.

Missed Appointments

All patients are kindly reminded to contact the surgery if you are unable to attend an appointment you have made. This would allow that time to be offered to someone else. *It could be you next time!*