

Who's who in your Patients Group

Chairperson	Carol Miller	01208 831217
Secretary	Brenda Keen	01208 77586
Publicity	Richard Nash	01208 831839
Practice Liason	Judith Campbell	01208 74371

Contact us

Telephone Brenda Keen, Secretary on 01208 77586

or write to:- Patients' Group
Carnewater Practice
Dennison Road
BODMIN
PL31 2LB

Other useful information

Carnewater Practice 01208 269988
www.carnewaterpractice.co.uk

NHS Direct 0845 4647
www.nhsdirect.nhs.uk

CARNEWATER PRACTICE PATIENTS' GROUP



NEWSLETTER No 2 November 2012

Welcome to the second Newsletter
of the newly reformed group

In September members of the CPPG attended a Wellbeing Day at the Public Rooms in Bodmin where they provided tea and coffee for stall holders and members of the public.

Carol Miller (Chairperson of CPPG) provided hand massages and the money raised was shared by the CPPG and her chosen charity, the British Sjogrens Syndrome Association.



Children in Need will soon be here again and members of



the CPPG have been asked to help raise funds by means of a Tombola and a cake stall which will be in the foyer of Carnewater Surgery throughout the day on Friday 16 November.



Hi. My name's Carol and I'm the Chairperson of the CPPG and I've come up with the idea of letting you good people know a little bit about each member of the CPPG committee and you have the misfortune of seeing what we look like as well. I volunteered to kick-start this idea, so here goes.

I was born in Cornwall back in the 1960s and lived in Newquay and St Columb Minor until my mid-teens. Due to a family relocation I moved to Stafford living there for 26 years. Stafford was also where I met my husband and we moved to Lanivet at the end of 2002 after spending many wonderful holidays in Cornwall.



My working career has been very varied. I've worked in the catering industry, been a civilian working for the MOD, then worked full-time for St John

Ambulance teaching first aid and related subjects and during the 1990s I completed part-time college courses in Complementary Therapies. A year after we moved to Cornwall I became a complementary therapist. Not enough work in this field to begin with saw me topping up my income with other jobs and also completing a two year part-time PGCE course graduating in 2005. Three years ago I gave up all the other jobs to concentrate on my therapies. I love what I do and find it hard to call it a job.

During my leisure time I like to garden and enjoy walking especially along our lovely coastal paths. I cycle, mostly for pleasure, but sometimes purely for fitness. I own one mountain bike, two road bikes and we have a tandem. I am an

avid reader, reading books on spirituality, true stories, autobiographies and travel. I like socializing but I can tell I'm getting that little bit older as I love coming home and sitting with my feet up drinking a large mug of coffee and indulging in a slice of wheat and dairy free Dutch apple cake. Yum, yum!

I became involved in the CPPG when it reformed at the end of last year. For more info regarding the CPPG see the back page of this newsletter.

NEWSLINES

The CPPG will again this year have a decorated Christmas tree at St Petroc's Church for the Christmas Tree Festival which will be decorated by Diana.

It is with regret that we have received a letter from Richard Nash the CPPG Publicity Officer tending his resignation. Richard has worked extremely hard for the group. He has succeeded in getting yellow lines in the layby outside Carnewater Surgery with restricted access.



Suggestion boxes, hopefully for sensible suggestions, have been purchased for both Lewannick and Carnewater surgeries and these will be put up in the waiting areas.

A suggestion has been raised to ask patients if they could donate any recent, suitable magazines and comics for the surgery. A box will be left in the surgery for this purpose.