

Who's who in your Patients Group

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|-----------------|-----------------|--------------|
| Chairperson | Carol Miller | 01208 831217 |
| Secretary | Brenda Keen | 01208 77586 |
| Publicity | Richard Nash | 01208 831839 |
| Practice Liason | Judith Campbell | 01208 74371 |

Contact us

Telephone Brenda Keen, Secretary on 01208 77586

or write to:- Patients' Group
Carnewater Practice
Dennison Road
BODMIN
PL31 2LB

Other useful information

Carnewater Practice 01208 269988
www.carnewaterpractice.co.uk

NHS Direct 0845 4647
www.nhsdirect.nhs.uk

CARNEWATER PRACTICE PATIENTS' GROUP



NEWSLETTER No 1 September 2012

Welcome to the first Newsletter
of the newly reformed group

About YOUR Patients' Group

Firstly, the Group is aware that it acts under its own auspices and does not represent the Practice Surgery nor its Staff but does act with the full knowledge and permission of the practice management for the benefit of its patients. It is therefore our aim to represent the patients of the Practice and to work with them, both at Bodmin and Lewannick.

Secondly, the group appreciates that reading through reams of paperwork can be boring and that the information within can become un-informative. Bearing that in mind we aim to supply you, the patient, with an easy-to-read format of interesting and up to the minute information which will benefit us all.

The Group's Annual General Meeting was held on 9th May when seven specific posts were created. They are Chairperson, Deputy Chairperson, Secretary, Deputy Secretary, Treasurer, Publicity Officer and Officer with Specific Liaison with Practice Management.

EDEN PROJECT WALKING GROUP

Walking for Health...

Besides the information you may have seen on the TV screen in the waiting area at Bodmin Surgery extolling the virtues of exercise, did you know that there is a flourishing group also walking for health, this time at the Eden Project ? The group meets every Tuesday at the Apple Cafe at 10.00am (at the main entrance).

Walkers are accompanied by trained walk leaders and are welcome to use the facilities at Eden. There are three main 'walks' - long, medium and short depending how you feel. Walkers suffer from a variety of illnesses, C.O.P.D. being prevalent. There is currently a small annual charge.



For more information please contact

Peter on 01726 850356 or
Richard on 01208 831839

*We look forward to
hearing from you*

What your Patients' Group is doing

Several exciting projects are in hand including involvement in the community by way of attendance at town and village events, perhaps a 'suggestion box', Attendance at the surgery for the benefit of patients, supplying light refreshments during flu-jab sessions, publicity and literature regarding mental health.

For example offering support by one of the group to someone who may be concerned over a particular procedure, having previously had first-hand experience of that procedure. This particular support was especially requested during our recent successful 'Patient Survey'.



It should however be emphasised that the Group in no way seeks to take the place of the professional staff but simply to act as a supporting unit.

The group is currently making enquiries over the use and sometimes mis-use of the layby in front of the Practice at Bodmin. Some progress has already been made but more needs to be done. Your comments on this and other related subjects would be most welcome.

We also have our name down as a potential stallholder at the forthcoming Bodmin Lions Christmas Fayre to be held at the Public Rooms (date to be announced).